



Erasmus+



MOVING2HEALTH
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REPORT OF THE SECOND TEACHER- TRAINING LEARNING ACTIVITY
POTENZA (ITALY) 23 - 27 May 2018

The partner teachers and students from France, Poland and Romania, met at Liceo Scientifico Statale Galileo Galilei in Potenza from 23rd to 27th May 2018, according to the pre-established and previously shared programme of the visit. A wide range of project activities have been made as well as many cultural and social activities as described below .

Wednesday 23rd May

Arrival at school and official welcome of the school principal

Learning about the four countries , regions, type of school through videos ,PPT, Prezi presentations made by students in their own country

Visit of the school and meeting with some members of the school staff

Yoga session in the school gym with an expert

International lunch with the involvement of families and partners that brought some typical food from their own country

Bio dance session in the school gym with an expert.

Visit to Potenza city centre (using escalators).

Thursday 24th May

Departure by bus to Gallipoli Cognato Regional Park.

The activities at " Lucania Outdoor Park" - Guided climbing activity on forest trees (different levels of difficulty).

Orienteering competition – students in mixed international groups were looking for the treasure in the park surrounded.

Friday 25th May

Tournaments and sport activities at the sport centre“ Principe di Piemonte”

Presentations of partner works made at home – stress management

Teacher meeting

Free time for the students

Saturday 26th May

Departure by bus to Policoro Aquarius Nautical Centre

Presentation of programme and experts

The variety of activities - Sailing-Kayaking/Archery/ Beach volley/ Beach soccer

Laboratory of seamanship.

Sunday 27 th May

Departure by bus to Matera(UNESCO Heritage Site)

Guided tour of Matera

Lunch at restaurant "La Talpa" in the old part of the town

free time

Specific project - related decisions made about the following issues during the teacher meetings :

Project advancement for each partner (Healthy clubs in each school, first ideas for a common syllabus)

Checking of the different tasks that partners will have to make for the next meetings according to the detailed Grant chart on themes and achievements, with a precise schedule of planned activities when the project was applied.

Italian partner is to prepare the evaluation survey on the meeting in Italy

Culture questionnaires to be created by Romanian students for the next meeting (10 questions) . The host country will send the right answers by mail ;

Each partner will present its school, town, region and country at each future meeting.

Confirmation of the dates of the next meetings : Romania (4th/10th November 2018) France (to be set)

For the meeting in Romania, in addition to what has already been planned, partners agreed that each country will :

- work on healthy eating, dietary habits, food metabolism. Each country will focus on its own food habits and present it. Food metabolism will be studied 'at home' by all partners but it will be presented by Romania only

- present 2 traditional dishes (recipes, ingredients and pictures to be sent in advance)

- cook a traditional dish with the ingredients provided by the Romanian partner (the list should be given in advance if partners can't bring them)

During the Romanian meeting, Geraldine Picot (French partner) will give a draft of the future meeting in France and information about the scheduled activities.

Information given by the coordinator about the management of the Mobility tool

Future syllabus / lesson plan – agreed to prepare minimum 1 lesson plan by each country to be shared.

Intermediate report – to be completed by France, Poland and Romania individually (the dates are set by the National Agencies, Italy is not required to do it); focus on the dissemination.

Names of the partner teachers

Romania : Bancescu Cristina / Puiu Doina Iuliana / Lacramiora Rotaru

France : Picot Géraldine / Solen Smith

Poland: Malgorzata Kujawska/ Miroslaw Zylik/ Edyta Czajkowska